South Coast Red & Yellow Belt Rumble

Sunday 23rd September 2012

Worthing Leisure Centre

Shaftesbury Ave, Goring By Sea,Worthing
West Sussex,BN12 4ET

Eligibility.....Minimum age of 8 years, maximum 15 years

Must hold valid BJA License
Must have graded since 1.1.2012

Groups.....All players will be weighed on the day and grouped into Pools of 4 or 5 depending on weight, grade and age Under 12 years and over 12 years where possible.

Medals.....ALL PLAYERS WILL RECEIVE A MEDAL.

Weigh-In .....Red Belts Nov to 3 mon 08.45 to 09.15
Yellow Belts 4th mon to 6th mon 10.30 to 11.00

Technical Restrictions.....U 12 Technical Restrictions will apply all day

Entry Fees.....Competitors - £13.00
(Cheques made payable to Sussex County Judo Clubs)
Spectators - £3.00 (pay on door only)

Enquiries.....Val Cowell: 01424 717155

Entries.....Val Cowell,37,Ditchling Drive,Hastings,East Sussex,TN35 5EX

Closing Date.....Saturday 16th September 2012

South Coast Red & Yellow Belt Rumble 23rd September 2011

Name.....Grade.....Age.....Weight.....

Club.....License No:.....Exp.Date.....

Address.....

.....Tel.No.....

E-mail Address.....